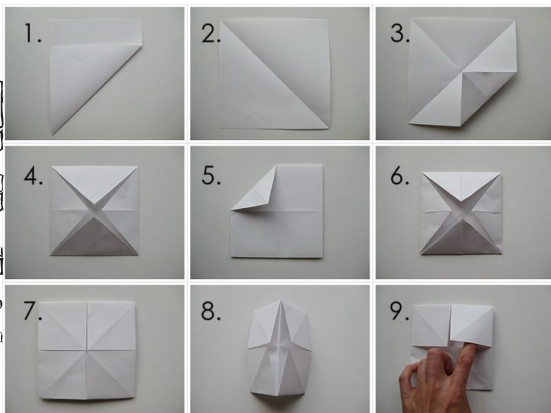


MAKE



USE

- Begin with the thumb and index fingers of each hand in the four pockets of the Fortune Teller.
- Pick one of the colours on the top four flaps. Spell out the colour, while saying each letter move the fortune teller in and out exposing the numbers inside (e.g B-L-U-E ,4 pinch and pull).
- You will now see 4 numbers - pick a number and move (pinch and pull) the fortune teller as you count out the number.
- Pick another number.
- Open up the fortune teller and do the mindful activity on underneath the number you picked.

